






HARMONY ACADEMY MENU FOR February 18th – February 22nd, 2019

MONDAY 18 th	TUESDAY 19 th	WEDNESDAY 20 th	THURSDAY 21 st	FRIDAY 22 nd
BREAKFAST				
pancakes sliced bacon diced pears milk 	strawberry muffin applesauce milk 	sausage n' gravy biscuit oranges milk 	cheese toast diced pineapple milk 	whole grain cereal peaches milk 
LUNCH				
fish sticks french fries sweet peas milk	chicken & rice glazed carrots fruit cocktail milk	beanie weenies tater tots pickles crackers milk	meatloaf mashed potatoes green beans rolls milk	cheese pizza whole kernel corn baked beans milk
SNACK				
graham crackers vanilla yogurt ice water	mozzarella cheese stick crackers ice water	soft pretzel w/cheese fruit juice	peanut butter on cheese crackers fruit juice	chocolate chip muffin milk